



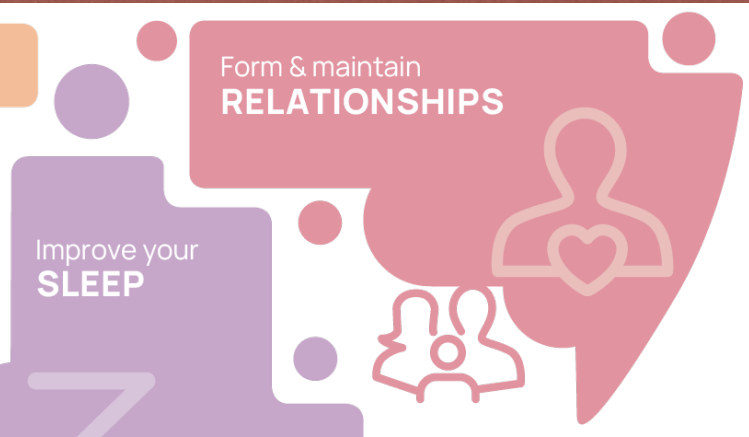
**All India Institute of Medical Sciences,  
Bibinagar, Hyderabad**

**Department of Physiology  
Invites you for *Virtual* International  
conference on**

**20 & 21, July 2023**



**Physiology and Life style medicine 2023**



Improve your  
**SLEEP**

**LINK**

<https://forms.gle/UV9GAQ7of6tjCMwSA>

**Bank of Baroda , AIIMS, Bibinaga  
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## Chief Patron



**Dr Vikas Bhatia**  
Executive Director  
AIIMS, Bibinagar  
Hyderabad

## Patrons



**Dr Rahul Narang**  
Dean(Academics)  
AIIMS, Bibinagar  
Hyderabad



**Dr Neeraj Agarwal**  
Medical Superintendent  
AIIMS, Bibinagar  
Hyderabad

## Organising Chairman



**Dr Nitin Ashok John**  
Dean (Examination)  
Prof & Head, Physiology  
AIIMS, Bibinagar  
Hyderabad

## Organising Secretary



**Dr Madhuri Taranikanti,**  
Additional Professor,  
Physiology  
AIIMS, Bibinagar

## Organising Members



**Dr. Kalpana M**  
Associate Professor  
Physiology



**Dr. Prafull K**  
Associate Professor  
Physiology



**Dr. Anish Singhal**  
Assistant Professor  
Physiology



**Dr. Vidya G**  
Assistant Professor  
Physiology



**Dr. Madhusudhan U**  
Assistant Professor  
Physiology



**Dr. Archana Gaur T**  
Assistant Professor  
Physiology





## POSTER COMPETITION

### Participant Category

- Faculty
- Post graduates
- Undergraduates

Registration is mandatory to participate in poster competition

### Themes for Posters

- Cardiovascular physiology
- Yoga and meditation
- Alternate health systems and life style modification
- Nutrition and obesity

Best three posters under each category and theme will be awarded prizes

## REGISTRATION DETAILS

Designation	Registration fee (INR)
Faculty	800/-
Post graduate	500/-
Undergraduate	100/-

As Token of gratitude for role of Nursing and paramedics in lifestyle consultation to patients and their services during covid pandemic registration fees for nursing and paramedics staff is made free.

- Last date for registration 15th July 2023

A LIFE STYLE CHANGE BEGINS WITH A VISION AND A SINGLE STEP

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# Virtual Conference Programme Schedule

## DAY 1: 20<sup>th</sup> July 2023

TIME	TOPIC	SPEAKER	CHAIRPERSON
09:00 Hrs- 09:30 Hrs	Delegates join the meeting		
09:30 Hrs - 10:15 Hrs	Inaugural Function		
10:15 Hrs - 10:45 Hrs	Introductory Session : Life style Medicine in clinical Practice	Dr Nitin Ashok John Dean (Examination) Professor and Head Dept. Of Physiology AIIMS Bibinagar	
10:45 Hrs - 11:00 Hrs	<b>Tea break</b>		
11:00 Hrs - 11:45 Hrs	Plenary Session 1 Obesity, Diabetes & Metabolic Syndrome and Physiological approach to clinical health issues	Dr Jyothsna M, Professor Cardiology, NIMS, Hyderabad	<b>Chairperson 1:</b> Dr K K Deepak Professor Centre for Biomedical Engineering IIT, New Delhi <b>Chairperson 2:</b> Dr Latika Mohan Dean Academics Professor & Head Dept of Physiology AIIMS Rishikesh
11:45 Hrs - 12:30 Hrs	Plenary Session 2 Life Style interaction in Prevention of Liver & Biliary Disease	Dr. Shiv.K.Sarin, Director Institute of Liver & Biliary Disease New Delhi	<b>Chairperson 1:</b> Dr Mrunal Phatak Dean Academics Professor & Head Dept of Physiology AIIMS Nagpur <b>Chairperson 2:</b> Dr K P Kochhar Professor & Head Dept of Physiology AIIMS, New Delhi
12:30 Hrs - 13:15 Hrs	Plenary Session 3 Nutrition in children, pregnant women & lactating mothers for healthy life span	Dr Rajkumar Yadav Professor Department of Physiology, AIIMS, New Delhi	<b>Chairperson 1:</b> Dr Madhuri Taranikanti Additional Professor Dept of Physiology AIIMS Bibinagar <b>Chairperson 2:</b> Dr Lakshmi T Rao Professor Neurophysiology NIMHANS,Bangalore
13:15 Hrs - 14:15 Hrs	<b>Lunch</b>		

## DAY 1: 20<sup>th</sup> July 2023

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>	<b>Chairperson</b>
<b>14:15 Hrs - 15:00 Hrs</b>	<b>Plenary Session 4</b>  <b>Role of calcium ions in patho- physiology of acute pancreatitis</b>	Dr Ole H.Petersen, Professor School of Bioscience, Cardiff University Director, Academic European Cardiac University Knowledge Hub	<b>Chairperson 1:</b> Dr Punam Verma Additional Professor Dept of Physiology AIIMS Rishikesh  <b>Chairperson 2:</b> Dr Sakthivadivel V Additional Professor Dept of General Medicine AIIMS Bibinagar
<b>15:00 Hrs - 15:45 Hrs</b>	<b>Plenary Session 5</b>  <b>Role of Endogenous Gas Nitric Oxide In Cardiac Inter/ Intracellular Signaling</b>	Dr. David Paterson Head of the Department Physiology, Anatomy and Genetics University of Oxford	<b>Chairperson 1:</b> Dr Ashok Kumar Jaryal Professor & Head Dept of Physiology AIIMS New Delhi  <b>Chairperson 2:</b> Dr Nitin Ashok John, Dean Examination Professor & Head , Dept of Physiology AIIMS Bibinagar
<b>15:45 Hrs - 16:30 Hrs</b>	<b>Plenary Session 6</b>  <b>First hand experiences of life style medicine intervention in clinical practice.</b>	Dr. Mrunal Phatak, Professor & Head Physiology and Dean Academics, AIIMS Nagpur	<b>Chairperson 1:</b> Dr Prashanth M Patil Professor Dept of Physiology AIIMS Rishikesh <b>Chairperson 2:</b> Dr Prafull Kamble Associate Professor Dept of Physiology AIIMS Bibinagar

## DAY 2: 21<sup>st</sup> July 2023

TIME	TOPIC	SPEAKER	CHAIRPERSON
<b>10.00 Hrs - 10:30 Hrs</b>	<b>Plenary Session 1 Life style rehabilitative measures in patients of Blood Cancer</b>	Lt.Gen (Dr.) Velu Nair Group Head Medical Service and Chief Consultant- Haemato-Oncology of Bone Marrow Transport, Apollo CBCC Ahmedabad	<b>Chairperson 1 :</b> Dr Binu Tharakan Associate Professor & Vice Chair Department of Surgery Morehouse School of Medicine  <b>Chairperson 2</b> Dr Shailaja Prabhala Professor and Head Department of Pathology AIIMS Bibinagar
<b>10:30 Hrs -11:15 Hrs</b>	<b>Plenary Session 2 Life Style Modification after Cardiothoracic Surgery</b>	Dr. Abhijat Sheth President, NBE New Delhi & Cardio Thoracic Surgeon Ahmedabad	<b>Chairperson 1</b> Dr Abhijeet Dashedwar Cardiothoracic & Vascular Surgeon, ESIC superspecialty Hospital, Hyderabad <b>Chairperson 2 .</b> Dr Nitin Naik Assistant Professor Dept. Of Cardiology AIIMS Bibinagar
<b>11:15 Hrs - 11:45 Hrs</b>	<b>Tea Break</b>		
<b>11: 45 Hrs - 12:30 Hrs</b>	<b>Plenary Session 3 Nutrition and dietary practices for healthy life</b>	Dr Madhuri Taranikanti Additional Professor Department of Physiology AIIMS, Bibinagar	<b>Chairperson 1:</b> Dr Prasoonpriya Naik Professor Department of Physiology AIIMS Jodhpur. <b>Chairperson 2</b> Dr Kiran Prakash Professor Dept. of Physiology GMC, Chandigarh
<b>12: 30 Hrs-13:15Hrs</b>	<b>Plenary Session 4 Mapping of hormonal disorders such as diabetes and obesity and management with hormonal and life style interventions</b>	Dr. Jens Jull Holst, Prof. Physiology University of Denmark	<b>Chairperson 1:</b> Dr Rajkumar Yadav Professor Dept. of Physiology AIIMS, New Delhi  <b>Chairperson 2 :</b> Dr Gayatri S Assistant Professor Dept. of Endocrinology AIIMS Bibinagar

## DAY 2: 21<sup>st</sup> July 2023

TIME	TOPIC	SPEAKER	CHAIRPERSON
<b>13:15 Hrs - 14:00 Hrs</b>	<b>Lunch</b>		
<b>14: 00 Hrs - 15:00 Hrs</b>	<b>Plenary Session 5 Lifestyle Medicine in Sexual Health</b>	Prof. Ioan Hanes, lecturer coordinator -Module Sexual Health and Lifestyle Medicine, University Thessaly, Greece.	<b>Chairperson 1</b> Dr Ekta Khandelwal Additional professor AIIMS, Raipur <b>Chairperson 2</b> Dr Archana M Associate Professor Dept. of Dermatology ESIC Medical College and Hosp
<b>15:00 Hrs - 15:20 Hrs</b>	<b>Plenary Session 6 Lifestyle modification &amp; time management: Need of the hour</b>	Dr. Kalpana.M, Associate Professor, Department of Physiology, AIIMS, Bibinagar	<b>Chairperson 1</b> Dr Nitin Ashok John Dean Examination Professor and Head Dept of Physiology AIIMS Bibinagar
<b>15:20 Hrs - 15:40 Hrs</b>	<b>Plenary Session 7 Man v/s Food : How much is too much for life style intervention?</b>	Dr. Prafull.K Associate Professor, Department of Physiology AIIMS, Bibinagar	<b>Chairperson 2</b> Dr Madhuri Taranikanti Additional Professor Dept of Physiology AIIMS Bibinagar
<b>15:40: 16:00</b>	<b>Plenary Session 8  Health consequences of lack of sleep- Make your sleep better</b>	Dr Punam Verma Additional Professor, Physiology AIIMS, Bilaspur	
<b>16:00 Hrs -16: 45 Hrs</b>	<b>Announcement of Best Posters</b>	Dr Anish Singhal , Dr. Vidya.G, Dr Madhusudhan U Dr Archana Gaur T	
<b>16: 45 Hrs - 17: 00 Hrs</b>	<b>Valedictory &amp; Vote of  Thanks</b>	Dr Madhuri Taranikanti Additional Professor Dept. Of Physiology AIIMS Bibinagar	